

# "I lost 55 pounds with hypnosis & I feel great!"

- Helene

"I had tried everything - all kinds of diets, exercise programs, and nothing seemed to work. With hypnosis I have lost weight and I know I will keep it off. It is my new lifestyle now."



**WEIGHT LOSS**

**STOP SMOKING**

**STRESS  
MANAGEMENT**



**HOLIDAY SPECIAL**

**30% off** first program purchased

Valid until Feb 28, 2022



# FREE

## HYPNOTIC SCREENING

LIMITED SPACE  
AVAILABLE

Valid until February 28, 2022

One coupon per person. Not valid with any other offer.  
No cash value.



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\*Individual results vary. Endorsements produced by using the MHS Method of Hypnosis Training.